

### Segment 3: Identifying Abuse (Run time: 2:30)

Synopsis: This segment is an interactive discussion, with pauses at key points for class response, followed by answers to the questions. The questions posed are:

- What are some examples of abuse in Robert and Vanessa's relationship?
- How did the cycle of abuse develop in their relationship?



#### Need to Know: About Abuse

There are three types of abuse: physical, sexual and verbal/emotional.

For more background on each type of abuse, please see the information in the guide for Session 1, Segment 3: Types of Abuse.

In an abusive relationship, violence often happens over and over again and in many cases follows a cycle. This Cycle of Abuse includes three stages: a tension-building stage, an explosion stage and a honeymoon stage. For more background on the three stages, please see the information in the guide for Session 1, Segment 4: Cycle of Abuse.



#### Make it Interactive: Discussion Starters

After viewing the Identifying Abuse segment, start a group discussion with the following questions:

- What were some of the warning signs in Robert and Vanessa's relationship?
- What would you do if you were Vanessa?

### Segment 4: Legal Options (Run time: 4:42)

Synopsis: This segment explores Vanessa's options. The following options are presented:

- Stay with Robert
- End the relationship
- Protect herself using the legal system

Handouts:

- About Restraining Orders
- Calling the Police
- Creating a Safety Plan



#### Need to Know: Legal Options for Teen Victims of Abuse

Laws and legal procedures vary from state to state. Most states have laws in place that can help keep young people safe from dating abuse, but some states' laws are more protective than others. In general, teens can access legal protection through the criminal justice system and/or the civil justice system.

**Criminal Law:** Many acts of domestic and dating violence are crimes for which the abuser can be arrested. A victim who is being threatened or who is in danger can call the police. Calling the police triggers a series of events which may result in the abuser being charged with and prosecuted for a crime. If the abuser is found guilty, he or she will be punished for that crime.

