

# How to Use the DVD

Ending Violence is designed to be a flexible tool for use in a variety of settings. The following chart provides some ideas about which segments you might find most useful:

	High School Life Skills/Health Teacher	High School Counselor or Nurse	High School Safety Officer	Middle School Life Skills/Health Teacher	Middle School Counselor or Nurse	Middle School Safety Officer	Adult Educator	Student
<b>Group Presentation</b>								
<b>Session 1: Dating Abuse 101</b>								
Introduction (1:00)	●	●	●	●	●	●		
Yes or No? (5:00)	●	●	●	●	●	●		
Types of Abuse (2:45)	●	●	●	●	●	●		
Cycle of Abuse (4:00)	●	●	●					
Warning Signs (5:00)	●	●	●	●	●	●		
Obstacles (14:30)	●	●	●	●	●			
Wrap Up (4:00)	●	●	●	●	●			
<b>Session 2: Domestic Violence and the Law</b>								
Introduction (1:00)	●		●					
Vanessa and Robert (4:51)	●		●			●		
Identifying Abuse (2:30)	●		●			●		
Legal Options (4:42)	●		●			●		
Test Your Knowledge (5:00)	●		●					
Wrap Up (1:40)	●		●					
<b>Session 3: Ending Violence</b>								
Introduction (1:00)	●							
Getting a Restraining Order (3:30)	●							
Court Hearing (8:45)	●							
Safety Planning (5:00)	●	●	●					
Healthy Relationships (2:18)	●	●	●	●	●	●		
Wrap Up (1:00)	●							
<b>Adult Presentation</b>								
							●	
<b>Self-Guided</b>								
Ending Violence								●
Glossary								●
Personal Stories	●	●	●				●	●
Test Your Knowledge	●	●	●					●